

Person-Centered Process



Medicaid Long Term Care Task Force
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Mental Health Code Definition

Person-centered planning is a process for planning and supporting the individual receiving services that builds upon the individual's capacity to engage in activities that promote community life and that honors the individual's preferences, choices and abilities. The person-centered planning process involves families, friends and professionals as the individual desires or requires (330.1712)

History of Person-Centered Planning



- Created by Canadian Advocates and Judith Snow
- Adopted by National Advocates & Service Delivery Systems
- 1976 Lanterman Act Requires an IPP, Becoming Law in California
- 1994 Howell Group of Michigan Publishes Definitions
- 1995 Advocates Lobby for Inclusion in the Technical Amendments of the Michigan Mental Health Code

April 1996 Person-Centered Planning Process is Required When Developing a Plan of Service (330.1712)

Person-Centered Planning Formats



MAPS

- **PATH:** Planning Alternative Tomorrows with Hope
- Futures Planning
- Essential Lifestyle Planning
- Informal Methods/Forms

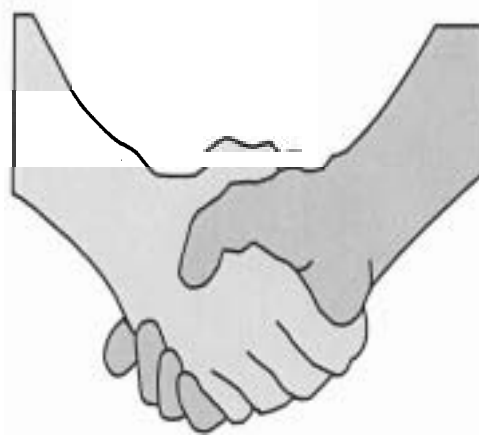
My Person-Centered Plan:

Maple Manor Nursing Home

- Things that make me happy:
- Places I like to go:
- People I like to be with:
- Things I like to do:
- My favorite colors:
- My favorite foods:
- What I dream about:
- Things that would really make a difference for me:

What is Person-Centered Planning?

- process
- relationships
- responsibility
- shifting power
- choice
- trust
- respect
- partnerships



Fundamentals

The Person Chooses:

who is invited to their meeting

- where the meeting is held
- when the meeting is held

what is and is not discussed

- who assists in the facilitation
- who will assist in carrying out activities in the plan

when to meet again

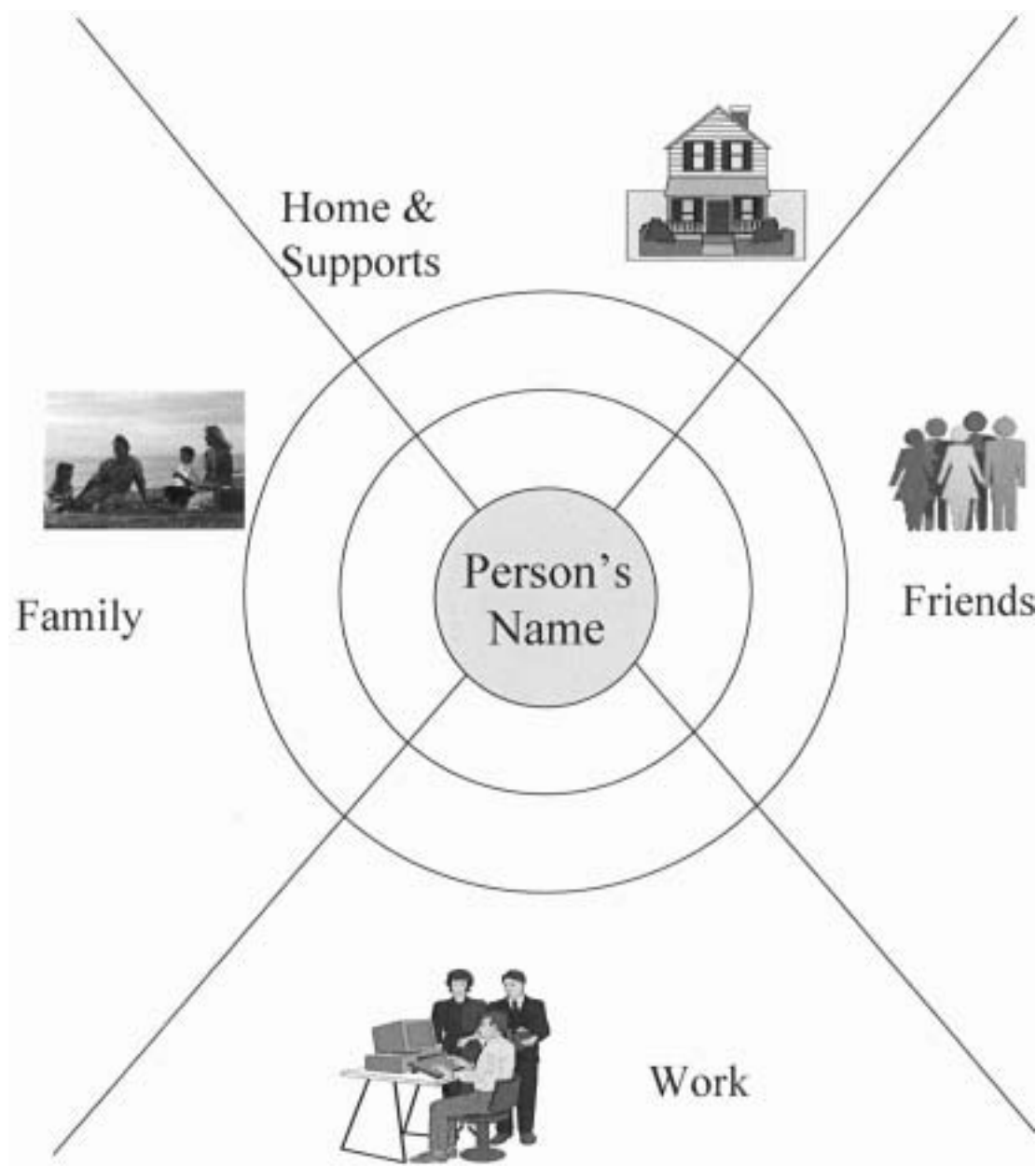


Fundamentals

We Need to:

- Listen to what the person is telling
US
- Understand what the person wants
- Know what we can and can't do
Provide choices, flexible services
and supports
- Develop a group of
champions/support network to
support the persons desires and
preferences
Assist the person in developing
partnerships and community
connections

People Map



Person-Centered Planning is not:

*Doing whatever anyone
wants without looking at:*

Health & Safety

When addressing health and
safety:

- The individual must be a partner in discussing their concerns
- Supports to address health and safety need to be documented



Organizational Elements Necessary to Promote Person-Centered Processes

- Vision
- Leadership
- Organizational culture rooted in trust and respect

Team development, participation, and support provided throughout the organization

Viewing all problems and issues through the lens of helping people get the lives they want

- Developing/strengthening consumer, family and advocacy partnerships
- Developing/strengthening community alliances